

# (A)doration

Adoration is an expression of love, affection, or honor. The most important part of adoration prayers isn't necessarily the words, but the posture of your heart.

# (C)onfession

Admitting our need for God, His forgiveness, and His instruction.

Confession is an invitation for Him to make us new

# (T)hanksgiving

Our expression of gratitude for who God is and every  
testimony

He's given us.

# (S)upplication

Bringing our requests and needs to God. He wants to provide all that we need and to know we trust and depend on Him.

# The ACTS Prayer Model

(A)doration

(C)onfession

(T)hanksgiving

(S)upplication